

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Frits Bouwer**

Has successfully participated & completed the

**10km Konka Farm Run**

held at Konka.

**TIME 00:58:59**

**PACE 05:52/km**

**OVERALL 55 of 316**

**GENDER 44 of 142**

**40 - 49 12 of 32**

31 August 2019, Sat

Date



*BoutTime*

Signature

